I need significant help in LaSalle County before I am to be taking pills here of any kind because of how I react to pills outside of here. They have never served any decent purpose in my life and have only aided in me having anxiety, depres. tiredness, lethargy, and codependancy on a sustance which is against my religious pref. and which I would cause withdrawal symptoms after when I stop taking them, which can lead to further mental problems overall. I might have aversions to food here only because I was poisoned in the LaSalle County Jail & I sincerely was. There are acid scars on my tongue that have not gone away since I aquired them at the LCJ. I might like to have pictures taken of them here and have that kind of service here because that was kind of traumatizing to me. I cant take the pills here they perscribed the other day because I'm af of what they said they'd do to the pills at the LCJ when before I c when I get back before I go to trial. I sincerely do not want to die though. I want to remain alive to watch my daughter graduate college, get married and get out on her own. She is too young at this time to be without a mom and they have made sure here that I would have a hard time staying alive by the use of perscription medication here at the Alton MHC.

Assured,